

East African Journal of Education and Social Sciences EAJESS January-February 2025, Vol. 6, No. 1, pp. 24-30. ISSN: 2714-2132 (Online), 2714-2183 (Print). Published by G-Card DOI: <u>https://doi.org/10.46606/eajess2025v06i01.0420</u>.

# Unifying Perspectives: Gestalt and Piagetian Learning Theories in the 21st Century Classroom

\*Curtis Foster

ORCiD: <u>https://orcid.org/0009-0008-0218-4321</u> Department of Graduate Education and Leadership, Northern Caribbean University, Jamaica Email: <u>cfoster@stu.ncu.edu.jm</u>

#### Nicole Mauzard, PhD

ORCiD: <u>https://orcid.org/0000-0003-1044-7183</u> Department of Graduate Education and Leadership, Northern Caribbean University, Jamaica Email: <u>nicole.mauzard@ncu.edu.jm</u>

#### \*Corresponding Author: cfoster@stu.ncu.edu.jm

Copyright resides with the author(s) in terms of the Creative Commons Attribution CC BY-NC 4.0. The users may copy, distribute, transmit and adapt the work, but must recognize the author(s) and the East African Journal of Education and Social Sciences

**Abstract**: This paper explored the integration of Gestalt and Piagetian learning theories within the 21stcentury classroom, emphasizing their complementary roles in promoting cognitive, social and emotional development. Through a qualitative review of existing educational frameworks, the paper demonstrates how these theories can be applied to create inclusive and engaging learning environments. Gestalt theory, focusing on perception and wholistic understanding, complements Piaget's emphasis on active engagement and developmental stages. By synthesizing these two approaches, educators can design curricula that promote critical thinking, problem-solving and meaningful learning experiences. The paper further discusses the role of technology in enhancing learning outcomes and offers recommendations for implementing these theories effectively in modern classrooms.

**Keywords:** Gestalt theory; Piagetian theory; 21st-century classroom; cognitive development; educational technology; instructional strategies.

**How to cite:** Foster, C. and Mauzard, N. (2025). Unifying Perspectives: Gestalt and Piagetian Learning Theories in the 21st Century Classroom. East African Journal of Education and Social Sciences 6(1), 24-30. DOI: <a href="https://doi.org/10.46606/eajess2025v06i01.0420">https://doi.org/10.46606/eajess2025v06i01.0420</a>.

### Introduction

The use of learning theories plays a crucial role in shaping curriculum development and instructional practices. These theories provide frameworks for understanding how students learn and guiding effective educators in designing learning experiences (Main, 2022). The educational theories of Piaget and Gestalt have influenced education for almost one hundred years. Although distinct in some ways, their theories share common ground and can be viewed as complementary perspectives in shaping the 21st-century classroom. Piaget emphasized the importance of active learning and the role of social interaction in cognitive development (Piaget, 1964) while Gestalt focused on how individuals perceive and organize sensory information into meaningful patterns or wholes (Terrell, 2006; Green & Gredler, 2002).

Piaget's theory emphasizes the interplay between the individual learner and their social environment, illustrating that knowledge is co-constructed interaction (Piaget, Gestalt through 1964). psychology, on the other hand, focuses primarily on the individual's perception and organization of sensory information but can still recognize the role of social interaction in shaping perception and cognition (Terrell, 2006). By blending theoretical insights with practical classroom strategies, educators can leverage Gestalt and Piagetian integrate a wholistic learning principles to experience (Ogunyemi & Henning, 2020).

**24** East African Journal of Education and Social Sciences (EAJESS) 6(1), 24-30.

The ideal learning environment is designed to support the whole person and acknowledges the interconnectedness of different aspects of learning, cognitive, emotional and such as social development. It encourages active engagement and collaboration among students and provides opportunities for hands-on experiential learning (Saavedra & Opfer, 2012). In a learning-friendly classroom, students are encouraged to explore and make connections between different concepts and engage in problem-solving activities (Talbert & Mor-Avi, 2019).

Integrating Gestalt and Piagetian learning theories emphasizes the importance of individual students' prior knowledge and experiences. Educators must consider students' unique backgrounds and cultural contexts when designing instruction by using culturally responsive teaching practices. These practices involve recognizing and respecting students' cultural references and integrating them into the learning environment. For example, educators can incorporate culturally relevant materials, such as literature, historical examples and case studies from diverse cultures, into the curriculum. They can also encourage students to share their personal experiences and perspectives, which can shape classroom discussions and activities. By designing learning tasks that connect new concepts to students' existing knowledge or cultural contexts, educators create more meaningful learning experiences and promote students' engagement (Kinard & Kozulin, 2008). Educators using Gestalt and Piagetian learning theories in the 21st-century classroom recognize the interconnectedness of cognitive, social and emotional development, and they promote active and collaborative learning experiences.

### Methodology

This study employed a qualitative, theoretical review of existing educational frameworks, focusing on the integration of Gestalt and Piagetian learning theories in modern classroom settings. The methodology draws on a wide range of sources, including peer-reviewed journals, empirical studies, and foundational texts related to cognitive learning and development, social perceptual organization. Key studies include Piaget's foundational work on cognitive development (Piaget, 1964), Terrell's application of Gestalt principles to educational design (Terrell, 2006) and Saavedra and Opfer's insight into 21st-century collaborative learning environments (Saavedra & Opfer, 2012).

Research on culturally responsive teaching practices is supported by Kinard and Kozulin's (2008) examination of Vygotsky's sociocultural theory in mathematics education. By synthesizing these diverse sources, the study presents a wholistic perspective on how these theories can be practically implemented to create active, collaborative learning environments that support cognitive, emotional, and social development.

### Exploring the Foundations of Gestalt Educational Theory

To truly understand the application of the Gestalt educational theory in the modern classroom, it is essential to delve into the foundational principles that underpin this approach to learning. Gestalt theory emphasizes the importance of looking at the whole picture, the "Gestalt," rather than breaking it down into its parts. This perspective is crucial in shaping instructional practices that promote interconnected and meaningful learning experiences for students.

One of the key concepts of Gestalt Theory is the idea of "insight learning," which refers to the sudden comprehension or understanding of a problem that leads to a solution. This concept aligns with the notion of "aha moments" in the learning process, highlighting the importance of creating opportunities for students to make connections and formulate solutions in ways that are personally meaningful to them (Terrell, 2006).

By incorporating Gestalt educational theory in the 21st-century classroom, educators can support students' ability to see the bigger picture, which can be applied to any subject area. This can be achieved through instructional strategies, such as presenting information in a context-rich manner, encouraging critical thinking and problem-solving skills and providing real-world applications to the content being taught. Additionally, Gestalt educational theory emphasizes the importance of active engagement and experiential learning. Βv incorporating hands-on activities, group discussions and project-based learning, educators can provide opportunities for students to actively engage with the material and construct their knowledge and understanding (Terrell, 2006; Green & Gredler, 2002).

Furthermore, Gestalt theory places significant emphasis on the role of perception in learning, as it

involves recognizing patterns, organizing sensory information into coherent wholes, and making meaningful connections between concepts. This process helps learners understand and retain information more effectively by seeing how individual parts relate to the overall structure (Terrell, 2006). The concept of perception can be used to create learning environments that stimulate students' senses and encourage them to make connections based on what they observed and experienced. For example, teachers can use visual aids and real-world examples to help students perceive patterns, relationships and connections within the content they are learning (Green & Gredler, 2002). Likewise, the integration of the Piagetian learning theory into the 21st-century classroom enhances students' cognitive development and understanding (Piaget, 1964).

# Piaget's Influence on Modern Educational Practices

Piaget's theory of cognitive development has had a substantial influence on modern educational practices, particularly in understanding how children construct knowledge through active engagement with their environment (Marchand, 2012). Educators today recognize the importance of considering students' developmental stages and individual differences in their instructional approaches, a concept central to Piaget's theory (Piaget, 1964). This approach acknowledges that students construct their understanding of concepts through hands-on, experiential learning and require opportunities to actively engage in the learning process (Piaget, 1964). This is reflected in the learner-centered and constructivist-based teaching methods that dominate many 21st-century classrooms, where active learning, critical thinking and problem-solving are emphasized (Saavedra & Opfer, 2012). By incorporating Piagetian principles into their teaching practices, educators can provide activities and environments that encourage students to explore and manipulate objects, creating a deeper understanding of the material (Piaget, 1964). Additionally, Piaget's theory stresses the importance of stimulating and supportive а learning environment, rich in materials and resources, which promotes meaningful interactions and cognitive growth (Piaget, 1964; Saavedra & Opfer, 2012).

## Integrating Piagetian and Gestalt Principles for Deeper Learning

By combining the principles of Piagetian learning theory with the concepts of Gestalt theory, educators can cultivate an interactive and stimulating classroom atmosphere where students feel empowered to contribute their existing knowledge, reflect on their experiences and actively construct new understandings through meaningful learning activities (Sarbah, 2020). This unified approach to learning recognizes the importance of both individual cognitive processes and the perception of information.

As educators continue to explore instructional methodologies that align with both Piagetian and Gestalt theories, it becomes evident that this approach to learning is essential for creating meaningful learning experiences. Combining both theories, educators can design learning experiences that consider the interconnectedness of cognitive, social and emotional development (Saavedra & Opfer, 2012).

To effectively integrate Gestalt and Piagetian learning theories, educators can design learning environments that promote hands-on, experiential learning while encouraging critical thinking and problem-solving skills (Talbert & Mor-Avi, 2019). This strategy aligns with Piaget's emphasis on active engagement in the learning process and Gestalt's focus on insight learning and wholistic understanding. By allowing students to explore concepts through real-world applications, educators can help students make meaningful connections that lead to deeper comprehension of the material. Additionally, this approach considers the diverse learning styles and abilities of students. By integrating Piagetian and Gestalt principles into instructional design, educators can create engaging and meaningful learning experiences that encourage higher-order thinking, creativity and problemsolving skills. Ultimately, this method focuses on providing a stimulating environment that nurtures children's cognitive and creative development through activities such as music, dance, art and crafts (Poplin, 2023).

Additionally, the integration of Piagetian and Gestalt principles requires educators to consider individual students' prior knowledge and experiences (Rabindran & Madanagopal, 2020). By capitalizing on the idea of "insight learning" from Gestalt theory and Piaget's notion of cognitive development stages, educators can create instructional strategies that cater to students' unique backgrounds and

**26** East African Journal of Education and Social Sciences (EAJESS) 6(1), 24-30.

readiness to learn. This involves presenting information in a context-rich manner, incorporating culturally relevant materials and experiences and encouraging students to draw on their prior knowledge to construct new understanding. In addition to individualized instruction, collaborative learning strategies can be implemented to create social interaction and enhance the learning experience. By promoting collaboration and peer educators can create a social interaction, constructivist environment that allows students to learn from each other and consider multiple perspectives. Therefore, by integrating both Piagetian and Gestalt principles into the classroom, educators can provide a comprehensive and wellrounded learning experience for students.

# Gestalt and Piaget: Comparative Analysis in Educational Contexts

While Gestalt theory emphasizes the importance of seeing the whole picture and understanding how different pieces fit together, Piaget's theory focuses on cognitive development and the stages through which children construct knowledge. Integrating both approaches recognizes that education is not simply about acquiring isolated facts or skills, but rather about developing well-rounded individuals who can think critically, communicate effectively and navigate complex challenges (Ryan & Deci, 2020). The student will be able to utilize a balance of intrinsic and extrinsic motivation in a pleasant learning environment that enables students to develop their full potential across various domains.

To create an inclusive learning environment that caters to the diverse backgrounds and experiences of students, educators can apply the principles of Gestalt and Piagetian theories to promote studentcentered development with instructional strategies that accommodate individual differences and varying readiness to learn.

Incorporating culturally relevant materials and experiences into the curriculum allows students to see the whole picture and understand how different pieces fit together within their context. By embracing diversity and inclusivity, educators can create an inclusive learning environment where every student feels acknowledged and appreciated throughout the learning process. Gestalt principles such as closure, proximity, similarity and continuity can inform the instructional design to enhance learning experiences (Green & Gredler, 2002). Educators can use these principles to organize material in ways that facilitate understanding and retention. Educators serve as facilitators who guide students in perceiving and organizing information effectively. They can encourage students to explore different perspectives and viewpoints to gain an understanding of a subject.

While Piaget's theory emphasizes the importance of active learning and discovery, educators can design learning activities that correspond to the cognitive abilities of students at different developmental stages (Rabindran & Madanagopal, 2020). For instance, hands-on experiences and exploration are central to learning in the sensorimotor and preoperational stages. Equipping students with incremental learning experiences is a significant function of educators. They provide support and guidance as students assimilate new information and accommodate existing schemas.

# Bridging 21st-Century Classrooms with Classic Learning Theories

Bridging 21st-century classrooms with classic learning theories involves using the foundational principles of Piagetian and Gestalt theories to create engaging, student-centered learning experiences that promote the active construction of knowledge.

In today's increasingly diverse educational landscape, educators must have a deep understanding of the individual learner (Marchand, 2012). By integrating the foundational principles of Piagetian and Gestalt theories, educators can create a comprehensive approach that considers the cognitive, social and emotional development of each student.

When implementing Piagetian and Gestalt principles in the classrooms, educators should consider unique backgrounds, cultural experiences and students' readiness to learn (Main 2022). This approach involves presenting information in a context-rich manner, using culturally relevant materials and encouraging students to draw on their prior knowledge to construct new understanding. As such due to an inclusive and supportive learning environment that acknowledges the diverse experiences and perspectives of each student, educators create a space where all learners can thrive and actively engage in the learning process.

Moreover, collaborative learning strategies can be implemented to enhance social interaction and provide opportunities for students to learn from each other (Huang, 2021). This experience not only strengthens their understanding of the material but also cultivates essential communication and teamwork skills that are valuable in the 21st-century landscape.

#### **Embracing Wholistic Learning Experiences**

A combination of the two learning approaches recognizes the interconnectedness of cognitive, social and emotional development (Poplin, 2023). This involves creating a stimulating environment that supports children's mental abilities and creative development through various activities, such as music, dance, art and crafts.

Incorporating creative and expressive arts into the curriculum enriches the learning experience and nurtures students' emotional intelligence and self-expression (Overland, 2013). Educators can tap into each student's unique strengths and interests, creating a deep and lasting passion for learning. Learning that integrates Piagetian and Gestalt principles can cultivate intrinsic motivation in students (Marchand, 2012). This involves creating a learning environment that not only focuses on academic instruction but also nurtures the emotional and creative development of the learners.

The combination of the two learning theories acknowledges that students are multifaceted individuals with diverse needs and interests, and it aims to develop their full potential in intellectual, emotional, spiritual, psychomotor, social, and aesthetic domains. One effective way to cultivate intrinsic motivation is by providing students with opportunities for self-expression and creativity (Gottfried, 2019). Students get a sense of ownership and autonomy in their learning, inspiring them to actively participate and take pride in their achievements.

In addition, a sense of community and collaboration within the classroom can contribute to intrinsic motivation. The creation of a community within the classroom encourages students to take ownership of their learning and motivates them to contribute positively to the collective growth of the group. Real-world applications and project-based learning opportunities can also enhance intrinsic motivation by allowing students to see the practical relevance of their education (Mucedola, 2018). Students who are motivated to actively use their knowledge and abilities in practical and impactful ways to develop a deeper understanding and appreciation of the material (Ghasya & Kartono, 2022).

### Implementing Effective Assessment Strategies

With the creation of an inclusive and engaging learning environment, educators must develop effective assessment strategies aligned with the principles of Piagetian and Gestalt theories. In line with the Piagetian theory, assessments should focus on students' developmental stages and their ability to actively construct knowledge. This can be done formative assessments, through such as observation, open-ended questions and hands-on where students demonstrate tasks, their understanding by exploring and interacting with their environment. Similarly, assessments aligned with Gestalt theory should focus on how well students perceive and organize information into meaningful wholes. This can include assessments like hands-on learning experiences that require students to utilize their knowledge in practical, realworld scenarios or concept mapping, which allows students to visually organize information and show connections between ideas.

Assessments should extend beyond traditional testing methods to incorporate diverse forms of evaluation that cater to students' varied learning styles and abilities. Using a variety of tools such as project-based assessments, portfolios and peer evaluations provides educators with а comprehensive understanding of students' progress and learning outcomes. This approach offers students opportunities to demonstrate their understanding through diverse modalities. facilitating a deeper assessment of their skills and knowledge. Empowering students as active participants in their learning journey is a key objective of both Gestalt and Piagetian theories. Promoting student autonomy, educators can cultivate a classroom environment where students feel empowered to take risks, express ideas and engage in meaningful learning experiences (Code, 2020). This not only aligns with the principles of Piagetian and Gestalt theories but also nurtures students' development as independent and selfdirected learners.

# Leveraging Technology to Enhance Learning Outcomes

With the advancement of modern technology, integrating digital tools is essential for improving learning experiences and supporting the principles of Piagetian and Gestalt theories. The incorporation of interactive multimedia resources, educational apps and virtual simulations provides students with

engaging and hands-on learning opportunities. These resources accommodate various learning preferences by enabling students to engage with content purposefully and interactively, allowing for deeper comprehension allowing for deeper comprehension (Kustori & Mariono, 2018). With integrated into the curriculum, technology educators can create personalized and adaptive learning environments, where students progress at their own pace and receive immediate feedback on their learning (Kustori & Mariono, 2018). This personalized approach not only enhances students' engagement but also strengthens self-awareness in learning, prompting students to evaluate and refine their thought processes. Furthermore, the use of technology enables educators to gather and analyze student data, making it possible to tailor instruction individual needs and provide to targeted interventions to support student growth.

In promoting the wholistic development in the classroom, educators should strive to create environments that promote not only cognitive and social growth but also critical thinking, empathy, and a strong sense of justice. By incorporating principles from Piagetian and Gestalt theories, teachers can ensure that students are prepared to face the complex challenges of the 21st century with confidence and integrity.

### Conclusions and Recommendations Conclusions

In conclusion, the integration of Gestalt and Piagetian learning theories provides a strong foundation for creating dynamic and inclusive educational environments. By blending these two approaches, educators can design learning experiences that prioritize students' cognitive, social and emotional growth while addressing their individual needs and cultural backgrounds. The Gestalt approach highlights the importance of viewing learning, where students make connections and grasp insights, while Piaget's theory emphasizes active engagement and stage-specific cognitive development. Together, these theories allow for the development of curricula and instructional strategies that engage students in meaningful ways, supporting a wide range of learning styles.

Additionally, the integration of technology enhances educational outcomes by offering interactive and tailored learning experiences. These tools align with Gestalt's focus on perception and Piaget's principles of active participation. By applying these theories, educators can create vibrant and transformative classrooms that nurture both intellectual and emotional development, preparing students for success in an ever-changing world.

#### Recommendations

The study recommends that schools should prioritize professional development programs that equip teachers with the skills to apply Gestalt and Piagetian principles in their teaching. Workshops focusing on active learning strategies and the application of insight-based and developmental learning methods would help educators enhance their instructional practices.

Traditional testing methods should be supplemented with varied forms of evaluation, such as project-based assessments, portfolios and concept mapping. These methods allow educators to assess students' academic understanding as well as their critical thinking, problem-solving and socialemotional skills, providing a more well-rounded evaluation of progress.

Schools should integrate interactive multimedia resources, educational apps and virtual simulations into the classroom. These technologies support both Piaget's emphasis on active learning and Gestalt's focus on experiential learning, allowing students to engage deeply with content in a way that suits their learning styles. Educators should design curricula that reflect the diverse cultural backgrounds of their students. By incorporating materials that are relevant to student's lives and experiences, teachers can create a more inclusive environment that respects diversity and promotes meaningful learning across cultural boundaries.

Schools should implement differentiated instruction strategies to meet the varied developmental and learning needs of students. Understanding that learners have diverse approaches to acquiring knowledge and progress at varying speeds, teachers can create flexible learning plans that address individual strengths and areas for improvement, ensuring that all students can thrive academically and emotionally.

### References

Code, J. (2020, February 26). Agency for learning: Intention, motivation, self-efficacy, and self-regulation. Frontiers in Education. https://doi.org/10. 3389/feduc.2020.00019/full. Ghasya, D. A. V. and Kartono, K. (2022, January 3). Technical guidance 21st century learning application to improve the pedagogic and professional competence of elementary school teachers. Abdimas, 4(2), 1309. https://doi.org/10.35568/abdimas.v4i2.1309.

Gottfried, A. E. (2019, November 5). Academic intrinsic motivation: Theory, assessment, and longitudinal research. Learning and Individual Differences, 21(5), 53-69. https://doi.org/10.1016/j.lindif.2018.10.001.

Green, S. K. and Gredler, M. E. (2002, March 1). A review and analysis of constructivism for school-based practice. School Psychology Review, 31(1), 53–70. https://doi.org/10.1080/02796015.2002.12086142.

Huang, Y. (2021, January 1). Comparison and contrast of Piaget and Vygotsky's theories. Advances in Social Science, Education, and Humanities Research, 535(1), 53-61. https://doi.org/10.2991/assehr.k.210519.007.

Kinard, J. T. and Kozulin, A. (2008, June 2). Vygotsky's sociocultural theory and mathematics learning. In Vygotsky's Educational Theory in Cultural Context (pp. 53-69). Cambridge University Press. https://doi.org/10.1017/CBO9780511814655.004.

Kustori, R. and Mariono, A. (2018, November 1). The use of web technologies for practice-based learning in vocational education: A literature review. Journal of Physics: Conference Series, 1108(1), 012129. https://doi.org/10.1088/1742-6596/1108/1/012129.

Main, P. (2022, October 18). Vygotsky's theory. Structural Learning. https://www.structurallearning.com/post/vygotskys-theory.

Marchand, H. (2012, June 15). Contributions of Piagetian and post-Piagetian theories to education. Learning and Instruction, 22(4), 442–456. https://doi.org/10.1016/j.learninstruc.2012.04.001.

Mucedola, M. S. (2018, November 2). Intrinsic motivation paired with community outreach strategies to improve student success. The Educational Forum, 83(3), 233–247. https://doi.org/10.1080/000986 55.2018.1524742.

Ogunyemi, F. T. and Henning, E. (2020, December 31). From traditional learning to modern education: Understanding the value of play in Africa's childhood development. South African Journal of Education, 40(Suppl 2), S1–S12. https://doi.org/10.157 00/saje.v40ns2a1768.

Overland, C. T. (2013, December 5). Integrated arts teaching: Promoting holistic education through the arts. Music Educators Journal, 101(2), 69–75. https://doi.org/10.1177/0027432113497762.

Piaget, J. (1964, August 18). Part I: Cognitive development in children: Piaget development and learning. Journal of Research in Science Teaching, 2(3), 176–186. https://doi.org/10.1002/tea.3660020306.

Poplin, M. S. (2023, August 14). Holistic/constructivist principles of the teaching/learning process. Journal of Learning Disabilities, 21(7), 53-61. https://doi.org/10.1177/002221948802100703.

Rabindran, D. M. and Madanagopal, D. (2020, September 25). Piaget's theory and stages of cognitive development—An overview. Scholars Journal of Applied Medical Sciences, 8(9), 2152–2157. https://doi.org/10.36347/sjams.2020.v08i09.034.

Ryan, R. M. and Deci, E. L. (2020, April 1). Intrinsic and extrinsic motivation from a self-determination theory perspective: Definitions, theory, practices, and future directions. Contemporary Educational Psychology, 61, 101860. https://doi.org/10.1016/j .cedpsych. 2020.101860.

Saavedra, A. R. and Opfer, V. D. (2012, October 1). Learning 21st-century skills requires 21st-century teaching. Phi Delta Kappan, 94(2), 8–13. https://doi.org/10.1177/003172171209400203.

Sarbah, B. K. (2020, June 21). Constructivism learning approaches. ResearchGate. https://doi.org/10 .13140/RG.2.2.28138.34241.

Talbert, R. and Mor-Avi, A. (2019, December 27). A space for learning: An analysis of research on active learning spaces. Journal of Medical Education and Curricular Development, 6, 2382120519889357. https://doi.org/10.1177/2382120519889357.

Terrell, M. (2006, November 4). Anatomy of learning: Instructional design principles for the anatomical sciences. Anatomical Sciences Education, 1(1), 33–38. https://doi.org/10.1002/ar.b.20116.